

**School:** Crook County High School

**Course Title:** Senior Health

**Instructor's Name:** Vicki Duncan

**Contact Phone** 541-416-6900 ext. 3129 **Contact times:** 7:45am-3:30pm

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**Semester** I X II X

### **Course Description:**

This course is designed to educate, inform and motivate students to become responsible for developing personal lifetime wellness. Topics will include; wellness, lifetime nutritional needs, family life, life cycle including death and dying, abuse, violence, health care, health consumerism, disease prevention and environmental health. The course will consist of a number of individual and group activities throughout the semester. Our primary goal is to provide educational materials and activities that will foster individual responsibility when caring for ones health.

### **Learning Standards (Critical Content Power Standards)**

Personal Health Management

Disease Prevention

Health Literacy

Health Advocacy

Healthy Relationships

Consumer Health

Environmental Health

### **Materials:**

**Texts:** Glencoe – Health and Wellness Access this text online at <http://www.glencoe.com/>. The same text is available in book form in the classroom, or through our library in CD format.

### **Film, Videos/ Other Electronic Media:**

Periodic educational films will be shown in an addition to some of the following;

Influenza of 1918, Choices by Davie Roeover, Tuesdays with Morrie, SICKO, And the Band Played On, Sizing Up Sperm, Life's Greatest Miracle, The Dangers of Meth, John Q

### **Notification of the Right to Object to the Use of Materials**

Any resident of the district may raise objection to instructional materials used in the district's educational program despite the fact that the individuals selecting such materials were duly qualified to make the selection and followed the proper procedure and observed the criteria for selecting such material.

The first step in expressing objection is consultation with the classroom teacher or library staff and providing a brief written complaint. The staff member receiving a complaint regarding instructional materials shall try to resolve the issue informally through the discussion of the original assignment or the opportunity for an alternative assignment.

If not satisfied with the initial explanation or an alternative assignment, the person raising the questions will meet with a building administrator who, if unable to resolve the complaint, will provide a Request for Reconsideration form which will be given to the superintendent for action.

**Goals** (SMART-specific, measurable, achievable, relevant, timeline-a reflection of specific critical content mastery):

By the end of the semester 100% of students will meet or exceed subject level learning standards in Health as measured by a score of 80% or better on quizzes/tests, projects and reports.

### **Classroom Expectations**

- Attendance will be taken during the first 10 minutes of class, you will be expected to be quiet and in your seat during that period to hasten the process.
- We will follow the Tardy and Attendance policies outlined in your 2017-2018-student handbook. *An Absence or Tardy will only be excused with clearance from the attendance office.*
- Be conscientious and courteous to fellow students, no put-downs.
- One person speaking at a time unless otherwise instructed.
- Be prepared bring needed materials each day.

### **Evaluation (grading)**

All work is assigned a point value and graded on a straight percentage basis. Grades will be determined on individual work, group activities, quizzes, tests and individual project.

### **Grading Scale**

**The grading scale is weighted with a computer program. 90% of the grade is assessed from tests and quizzes and projects, 10% of the grade will be based on daily work.**

100%-90%	= A
89%-80%	= B
79%-70%	= C
69%-60%	= D
59%-below	= F

### **Makeup Policy**

Make-up, late work, or a class activity missed due to an absence may be completed with a new due date. (Two weeks.) Students are allowed two attempts to re-take assessments after completion of a unit study guide.

**Student Name** \_\_\_\_\_ **Period** \_\_\_\_\_

## **Senior Health 2017-2018**

**Instructor:** Mrs. Duncan

**I have read the class syllabus for Senior Health and understand that my student needs to meet all the requirements of this class and that this class is required for graduation.**

**Student Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent Email:** \_\_\_\_\_

**Parent Phone:** \_\_\_\_\_