

***Basketball/Physical Education
Syllabus and General Information
2017-2018***



Instructors:

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Objective: The objective of Crook County High School Basketball Class is to enhance physical strength, basketball skills, and overall physical fitness. Emphasis will be placed on participation and basketball knowledge and skills. Students will participate in a variety of basketball and fitness activities. Overall fitness and basketball skills may be tested at the beginning and end of each semester to document student growth and improvement.

Class Expectations:

Attendance: Students are expected to be in the locker room before the tardy bell rings and in their attendance position within five minutes of the tardy bell. Students will be marked tardy if they are not in their designated area when attendance is taken. Students will be given points daily for attendance/participation. An **excused** absence may be made up according to the guidelines on the PE Make-Up form. School related absences do not need to be made-up. All absences must be made up within **10** days of the initial absence. Failure to do so will result in loss points for those days. Students can make up their first 5 missed days in a semester **on their own when a pre-arrangement has been cleared** through the teacher. Any excused absences over 5 must be made up **with the teacher at school**. Extenuating circumstances needs to be arranged with the teacher. Unexcused absences cannot be made up. Students will be given time at the end of class to shower and redress, they are expected to remain in the locker room until the bell rings. Students who leave class early will be marked absent and given an office referral.

Dressing Down: Students will earn points each day for dressing down and participating to the best of their ability. Failure to dress down or participate will result in a grade

reduction. Students are required to dress down in PE attire each day. T-shirts, shorts, sweatshirts and sweatpants are the only acceptable clothing allowed. Athletic shoes must be worn at all times during basketball class. The CCHS PE department will provide “loaner” clothes based on the availability of clothing. We do not always have “loaner” clothes, so students may want to check with friends for other PE attire. If students do not dress down for PE they will be sent to the office for the period.

Locks and Lockers: Locks will be provided to each student and may be used to store personal clothing in small lockers during non-class times. Larger lockers are to be used during class time only. Students are expected to return locks at the end of each semester, not returning a lock will result in charge of \$10.00.

Valuables: Students are advised that the locker rooms are not a safe place for valuables; please do not bring I-pods, MP3’s, jewelry or large amounts of money to class. Locker rooms will be locked during class time and access limited, but the safety of valuables cannot be guaranteed.

Food or Drink: There is absolutely no food or drink allowed in the gym, locker rooms, gyms or PE hallway at any time.

Cell Phones: Cell Phones are not allowed in the gym at any time, phones must be kept in PE or hall lockers. Please find a safe place to store them, do not bring them to class.

Grading:

Grades will be based on a daily point system, and will be awarded for the following:

Dressing down (5 points)

Participation

Quizzes (TBA)

Training log (TBA)

Fitness Testing (TBA)

Class Procedures:

Student will be in locker room when the tardy bell rings.

Student will be in attendance position within 5 minutes of tardy bell.

Student will be dressed in PE attire.

Student will have athletic shoes on at all times.

Student will lock all clothing in lockers during class times.

Student will not store PE clothes in long lockers.

Student will not bring cell phones or valuables to class.

Student will stay in locker room until the end of class.

Student will be respectful of others and their property at all times.

Student will treat the equipment and gym with respect at all times.

