

# Health

Course Title	Prerequisite	Grade Level	Length of Course	Credits Per Year	Meets Graduation Requirement in:
<b>Health 1</b>	<b>None Required course</b>	<b>9</b>	<b>1 semester</b>	<b>0.5</b>	<b>HL</b>

This course is planned to enhance decision-making skills for individual health in wellness, nutrition, relationships, stress, suicide prevention, substance abuse, human sexuality, aids and health careers.

<b>Health 12</b>	<b>Health 1</b>	<b>12</b>	<b>1 semester</b>	<b>0.5</b>	<b>HL</b>
------------------	-----------------	-----------	-------------------	------------	-----------

Lifetime Health is designed to provide students with information to enhance life-long health skills. Topics covered will include current health-related issues such as aging, family, environment, stress reduction, suicide prevention, sexuality and consumer health care issues.

<b>First Responder</b>	<b>None</b>	<b>10-12</b>	<b>1 semester</b>	<b>0.5</b>	<b>EL, CTE</b>
------------------------	-------------	--------------	-------------------	------------	----------------

This course is designed to instruct a student to the level of First Responder, who serves as a vital link in the chain of the health care team. This curriculum includes skills necessary for the individual to provide emergency medical care with a limited amount of equipment.

<b>Health Occupations 1: An Exploration of Health Careers</b>	<b>None</b>	<b>9-10</b>	<b>1 Semester</b>	<b>0.5</b>	<b>EL, CTE, HD</b>
---	-------------	-------------	-------------------	------------	--------------------

Students will experience an introduction to a broad range of health careers through independent hands on learning modules. Modules might include dentistry, clinical laboratory practices, nursing, medical imaging, mental health, therapeutic services, career planning and more.

<b>Health Occupations 2</b>	<b>Health Occ 1</b>	<b>11-12</b>	<b>1 Semester</b>	<b>0.5</b>	<b>EL, CTE, HD</b>
-----------------------------	---------------------	--------------	-------------------	------------	--------------------

This course is recommended for all students who might want to prepare for further study in a health care career. The course provides an overview of the health care professions, including employment trends, ethics, current health issues and job search strategies. This course includes clinical rotations at St. Charles of Prineville, the ILS Department and other health care providers. The students will be HIPPA trained and have to take a tuberculosis screening test. Students need to have a valid driver's license, maintain current car insurance and have access to transportation to and from rotations. \* HD granted when college credit received

<b>Sports Medicine</b>	<b>None</b>	<b>10-12</b>	<b>1 semester</b>	<b>0.5</b>	<b>EL, CTE</b>
------------------------	-------------	--------------	-------------------	------------	----------------

This course will give students the opportunity to explore and learn the basic skills involved in the Sports Medicine field of study.